

Department of Periodontics

Oral Hygiene Day Celebrations 2019

31.07.19

The Department of Periodontics, Tagore Dental College celebrated Oral Hygiene Day on Wednesday, 31.07.19 under the guidance of Dr. Chitraa R Chandran, Principal and Head (Periodontics), Tagore Dental College.

31.07.2019 - ORAL HEALTH AWARENESS PROGRAMME

The Department of Periodontics, Tagore Dental College organized an awareness programme on oral hygiene for visually challenged students and residents of **Government Blind School, Poonamallee**. The event was focused on creating oral hygiene awareness among visually challenged people and educating them on proper oral hygiene maintenance.

The team consisted of Dr.Chitraa R Chandran, Dr.B.Bhuvaneshwari, Dr.T.Parthasaradhi, Dr.R.Priyadarshni, Dr.Juala Catherine, Dr. Vignesh Vikram and interns Ms.Swetha, Ms.Thenmozhi, Ms.Tamililakiya, Ms.Thiyagavi, Ms.Vaishnavi, Ms.Varshinee, Ms.Mona Pattu, Ms.Mukhilashri, Ms.Manishaa, Ms.Keerthanadevi, Ms.Lokeshwari, Mr.Harikrishnan, Mr.Balachander, Mr.Subham Agarwal, Mr.Shivakumar, Mr.Sam Paul, Mr.Santhosh, Mr.Praveen M, Mr.Praveen J, Mr.Bharath, Ms.Dharshana, Ms.Divya M, Ms.Janani and Ms.Gomathi.

The interns were divided into small groups so that they can effectively interact and provide education to all students and inmates. The participants got individual attention and could focus better when they were handled in small groups. Students from Classes I to XII and elderly inmates participated in the programme.

The programme was started by introducing them to the various oral hygiene instructions and brushing techniques. Instructions were written in their native language Tamil and translated in Braille for the visually challenged people to read by themselves and understand better. Inmates with partial vision were provided with pamphlets in English and Tamil to read and the interns also read out instructions for them to understand the need of oral hygiene maintenance.

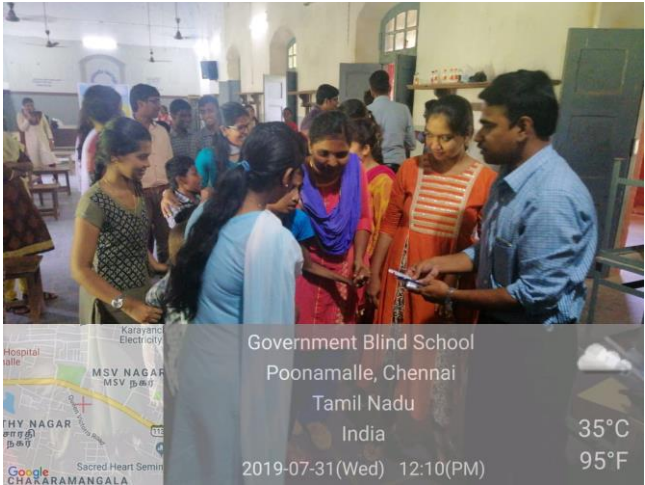
A Tamil audio clip reiterating the importance of proper oral hygiene maintenance was provided which the participants could individually hear using headphones. This methodology was effective for the participants who could not read Braille.

3D models were used to provide a demonstration of proper tooth brushing technique (Fones technique) which the participants could touch and understand better. The interns manually guided the participants to grasp the tooth brush and perform the proper brushing technique on the 3D models by themselves.

All the participants were actively asked to interact and discuss about oral hygiene practices to be followed by them and the requirements of better oral hygiene maintenance.

The programme concluded with distribution of Braille pamphlets and toothbrushes to all visually challenged students and inmates of the school. The Principal of Government Blind School, Poonamallee was felicitated with a memento by Dr. Bhuvaneswari for providing utmost support and encouragement towards conducting this awareness programme. A total of 150 participants were benefitted out of this programme.





Government Blind School
 Poonamalle, Chennai
 Tamil Nadu
 India
 2019-07-31(Wed) 12:10(PM)

35°C
 95°F

